



International FPIES Association (I-FPIES)

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[www.fpies.org](http://www.fpies.org)

[contact@fpies.org](mailto:contact@fpies.org)

## Nutrition Notes and Special Instructions

Patient Name: \_\_\_\_\_

Person Completing This Form: \_\_\_\_\_

Foods child likes and eats safely:

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Favorite restaurants and special instructions on safe menu items and how to speak with staff:

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Sample of Typical Daily Diet:

Breakfast: \_\_\_\_\_

Lunch: \_\_\_\_\_

Dinner: \_\_\_\_\_

Snacks: \_\_\_\_\_

Fluids: \_\_\_\_\_

List current allergies and unsafe foods:

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Child Takes Food by: Mouth G-Tube GJTube NG NJ Size of Tube: \_\_\_\_\_

Feeding Notes: \_\_\_\_\_

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